

A Reconciliation Labyrinth Walk

A labyrinth is a special walking path. As we walk it for reconciliation, we will focus on:

UNDERSTANDING. KINDNESS. UNITY. LOVE

You will need 4 different seeds or dried beans, eg lima, borlotti, kidney, cannellini –each one representing one of the 4 attitudes.

Mark 4 places on the path where you will collect the 4 seeds, one at each place.

Draw a heart in the centre.

- **walking in:** collect the 4 seeds as you walk and think about how you are these things and how you are not these things sometimes
- **at the centre:** sow the seeds in the heart, like sowing them in your own “soil”.
- **walking out:** think about how understanding, kindness, unity and love can grow in you as you live and learn

