

Theme: GROWTH

Why not create a symbolic action for your students as an appropriate celebratory ending to their academic year? This could also be adapted and used as a staff walk, perhaps themed as GRATITUDE. Follow the steps below to engage in this processional walk



Reflecting on our GROWTH

- a processional labyrinth walk designed to bring closure to a year of learning and growth

Preparation for the setting

- decide on the labyrinth you will use (it could be a processional design – see [Mark Healy designs](#) - or any other labyrinth of your choosing)
- aim to create a special, sacred space
- involve students in discussion about how the setting of the labyrinth could be uniquely theirs and how it could represent their year of learning and growth
- use their ideas to adorn the outer circumference of the labyrinth; it could include samples of their learning products and artefacts, photos, materials and resources they have used and enjoyed
- place a basket or other large container in the centre of the labyrinth
- select some background music to play during the walk, OR, students could play rhythms softly and the walk could be carried out with two groups alternating
- (safety) candles could add to the ambience

Preparation for the walk

- each student selects something from the learning environment that represents a contribution to his/her learning and growth eg. object, resource, artefact
- each student writes on a note and pops in an envelope something encouraging they would say to students coming into the class next year
- outline the steps for the walk so that students understand the symbology of it
- light candles if used

The walk

- ring a bell gently to indicate moving into the sacred space and the beginning of the walk
- form a processional line with each student holding his/her object & envelope
- encourage a few moments of calming and deep breathing, adopt “soft” eyes
- in line, circle the labyrinth once in a clockwise direction and then proceed into the centre, pausing and placing objects and envelopes in the basket as they pass through
- continue in a processional line out of the labyrinth and circle it again, this time in an anticlockwise direction
- in a circle around the circumference encourage students to express their learning growth and gratitude in dance/creative movement
- gently ring the bell to indicate the end of the walk and a time of calm
- extinguish candles if they have been used

